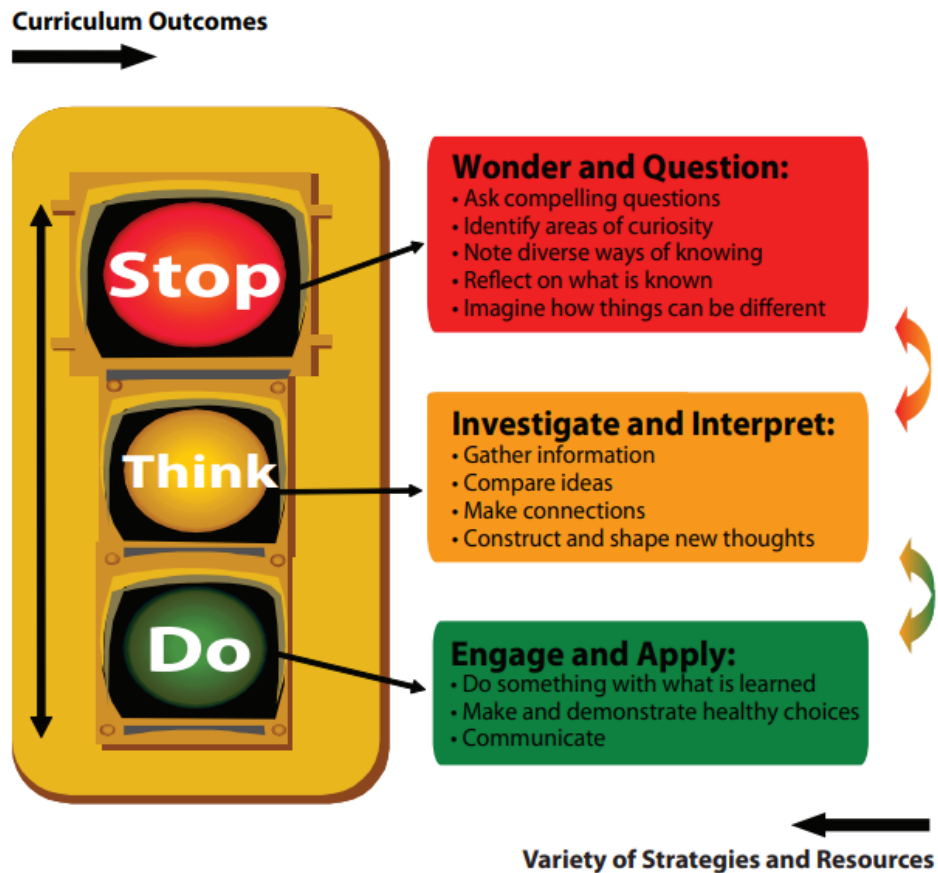


Elementary Health Education Inquiry for Decision Making Model



Goal # 1: Understanding Skills and Confidences (USC)

1. **STOP - Wonder and Question (USC)**

- a. Support student inquiry
- b. Allow students to ask compelling questions
- c. Identify what students already know and how they came to know it
- d. Teachers provide essential questions to guide student learning
- e. Jumping off point for student engagement and excitement

2. **THINK – Investigate and Interpret:(USC)**

- a. Teachers demonstrate effective instructional strategies to allow student activities to gather new information
- b. Students begin to process what they are seeing, hearing, and feeling
- c. Make connections to self, family, others, and community

Goal #2: Making Informed Decisions (DM)

3. **THINK – Examine and Determine (DM)**

- a. Engage students in the process of making healthy and informed decisions
- b. Analyze challenges and obstacles

- c. Apply new knowledge and skills
- d. Create goals for improving the health of self, others, and the community

Goal #3: Apply the Decisions (AP)

4. DO - Engage and Apply(AP)

- a. Students apply the decisions to improve their health based on what they have learned from Goal #1 and Goal #2
- b. Action plans can be completed by individual students or as a class.

Outcomes in the AP section support the action process such as:

- i. Describe what will/would be done in the action plan
- ii. Identify who will/would do it
- iii. Where and when will the action plan take place?
- iv. How might it be done?
- v. How will the children document what they did in the AP?
- vi. How might the children represent or communicate their learning?