

2026 PHE SASKATCHEWAN CONFERENCE									
UNIVERSITY OF REGINA					UNIVERSITY OF REGINA				
Friday, May 8					Saturday, May 9				
LOCATION	SESSION 1 12:00 - 1:00	SESSION 2 1:15 - 2:15	SESSION 3 2:30 - 3:30	SESSION 4 3:45 to 4:45	SESSION 5 9:00 - 10:00	SESSION 6 10:15 -11:15	SESSION 7 11:30 - 12:30	STEP OUTSIDE STRANDS	
CENTRE FOR KINESIOLOGY, HEALTH AND SPORT (CK) and EDUCATION BUILDING (ED)									
ED 315	CIAAA 602C: Creating Your Athletic Handbook								MOVEMENT, LAND & OUTDOOR LEARNING
GREEN GYM (OLD)	New Omnikin game concepts for vibrant and inclusive active fun - Paolo Zambito	Building Bridges: Teamwork in Action - Andy Tupy	Warmed Up and Ready to Go -John Byl	Game On: Building Skills & Teamwork Through Handball -Sask Handball	Tennis in Schools	A New Introduction to Kin-Ball : A High-Energy Cooperative Experience - Paolo Zambito	Belonging Blasts: Energizing Your School Through Active Play - Dr. Chris Clark	TEAMWORK, PLAY & SCHOOL COMMUNITY	
Field 5 (Outdoors)	You.Fo: Learn how to introduce this emerging sport in your physical education classes! - John Byl	Lacrosse Sixes: Fast, Inclusive, and Ready for Schools - Cameron Zamonsky	Wide Games Session - Dr. Chris Clark	The Physical Education Escape Room - Jarod Harvey and John Byl					HEALTH, WELLNESS & INCLUSION
CK 219					CIAAA 703C: Educational Athletics - Performance Beyond the X's and O's				CIAAA SASK ATHLETIC DIRECTOR SESSIONS
CK 222 (Old wrestling room)	Learning Beyond the Classroom Walls: Land, Nature, and Curriculum in Action - Megan Gurski	Health Class Handled – One Month of Gr 7 Nutrition Lessons - Jaclyn Chute	Brand New and Tried and True: Ever Active Resources in Motion - Louise McClelland	CardiacCrash: Creating a generation of lifesavers - Efthimia Kosmas					QUALITY PHYSICAL EDUCATION
CK 113 (dance studio)	Games & Activities for Adolescent Self-Regulation and Wellness- Louise McClelland	Mental Health Literacy & Trauma Integrated Practices - Twyla Seeley	Blue Jays Care Foundation - Reg Leidl and Jen Buettner	SENSE-ational Schools: Physical literacy enriched movement opportunities for students with neurodiversity - Greg Bennett, Blair Ross, Natalie Houser	Team Building - Dr. Chris Clark	Tips and Tricks for teaching K-3 Physical Education - Jarod Harvey	Football 101 - Reg Leidl		
CK 184	PHE BOARD ROOM	PHE BOARD ROOM	PHE BOARD ROOM	PHE BOARD ROOM	PHE BOARD ROOM	PHE BOARD ROOM	PHE BOARD ROOM		
CK 185					Re-thinking the Elementary Track & Field Day: Celebrating the joy of movement at school - Lynden Proctor & Dr. Alex Stoddart	Short on Space: Teaching Physed in Creative Spaces -Mel Gesell			
CK 187					Introduction to EcoSchools - Chantelle Edwards	Sport Psychology: Using Mental Imagery Training to Enhance Instruction in Sport and Physical Ed -Reg Leidl	Medicine Walks in Health and Physical Education - Julie Andrews		